



# BISMARCK YOUTH BASEBALL, Inc.

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[www.bismarckyouthbaseball.com](http://www.bismarckyouthbaseball.com)

## **COVID-19 League Best Practices** **(Effective 5/26/20)**

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As Bismarck Youth Baseball (BYB) uses a facility that is managed by Bismarck Parks & Recreation Department (BPRD), the COVID-19 Best Practices outlined within this document are based on BPRD current policy; and should be adhered to during the 2020 season. The guidance will allow for 2020 baseball activities to resume by implementing strategies and modifying gameplay in order to limit exposure of athletes, partners, coaches, umpires, spectators, and volunteers to COVID-19. This guidance is intended to be followed in conjunction with the Centers for Disease Control and Prevention (CDC), Governor Burgum and the North Dakota Department of Health's North Dakota Smart Restart ([www.ndresponse.gov](http://www.ndresponse.gov)) guidelines and requirements.

All athletes, coaches, umpires, and spectators partaking in BYB activities do so at their own risk. BPRD and BYB are not responsible for any transmission of COVID-19 or other communicable disease or illness. To be eligible to participate in BYB activities, all athletes, parents, volunteers, and regular spectators must sign and provide to the League, the **BYB Waiver and Release of Liability – 052420** prior to participating.

All individuals experiencing a cough, fever, shortness of breath, or other symptoms of COVID-19 must not participate in BYB activities. Furthermore, all individuals with underlying health conditions, auto immunodeficiencies, susceptibility to unusual complications arising out of COVID-19 exposure, or other concerns pertaining to the risk or consequences of COVID-19 exposure are advised to forego partaking in BYB activities. An individual who has tested positive for COVID-19 shall not participate in BYB activities until satisfying the CDC and Smart Restart guidelines and requirements.

All athletes, partners, coaches, umpires, spectators, and volunteers who are participating in BYB activities are doing so freely and voluntarily. Moreover, all athletes, partners, coaches, umpires, spectators, and volunteers engaging in BYB activities are presumed to know the risks of exposure to COVID-19 and other communicable diseases and agree to accept any and all inherent risks to their personal health and well-being. The League, in its sole discretion, may remove from BPRD/BYB facilities and programs any athlete, partner, coach, umpire, spectator, or volunteer who unreasonably places others at risk. The following recommendations shall be deemed minimum recommendations and each athlete, partner, coach, umpire, spectator, and volunteer shall have individual choice and autonomy to take greater precautions to ensure individual safety. With the uncertainty inherent with the COVID-19 pandemic, this guidance and subsequent recommendations may change to adapt to community and program needs.

**Please note – This guidance is subject to updates at any given time throughout the 2020 season, based on the ever-changing COVID-19 environment. BYB will communicate such changes through standard communication channels (i.e. league web site, Facebook and participant emails).**

## **COVID-19 Best Practices for all Bismarck Youth Baseball Activities**

- 1. In the case of a positive COVID-19 test result of a participant or volunteer, we will follow ND Department of Health guidelines and protocol.**
  - a. In the case of a child getting sick on site, all program operations will be suspended for a minimum of 72 hours in accordance with the Department of Health sanitization protocols.
  - b. Programs will resume once the area has been sanitized and the Department of Health has completed their investigation of infected individuals and potential asymptomatic carriers.
2. Participants, volunteers, families, and other spectators who are sick must stay home.
3. All participants, volunteers, families, and other spectators should demonstrate good hygiene (i.e. clean hands with sanitizer or soap/water prior to the start of participation in activities).
4. All equipment should be wiped down before and after practices and/or games.
5. No handshaking or physical contact. Avoid touching eyes, nose, and mouth with unwashed hands.
6. Food, drinks, and water bottles are not allowed to be shared between individuals.
7. No sunflower seeds, peanuts, or gum at the Scheels Baseball Complex.
8. Any individual who feels the need to wear a face mask while participating in BYB activities, should do so.
9. Social Distancing of at least 6 feet by all participants, volunteers, families, and other spectators is recommended whenever possible while at practices and/or games.
10. Personal athletic and protective equipment should not be shared with others.
11. Families and other spectators are encouraged to only attend their team's game.
12. Players, volunteers, families, and other spectators are encouraged to leave the Scheels Baseball Complex once the practice or game is finished.
13. Teams are encouraged to limit the number of players in the dugout at any given time (practice social distancing to the extent possible). To do so, players can line up behind or to the side of the dugout. Non team players are not allowed to interact directly with the team members during practices and/or games.
14. Teams are encouraged to limit the number of bags and equipment in the dugout.
15. When meeting as a team, players and coaches should meet in an area where they can practice social distancing.